



- Parking Available in multi-level car park (discount parking rates available if you visit our clinic - enquire at our reception) Street parking may be available (council rates apply)
- Buses Leave from CBD every 5-10 minutes visit www.translink.com.au for timetables
- Trains Auchenflower Station, Springfield and Ipswich/ Rosewood line, leaving every 15-30 minutes

The Wesley Hospital

Women's Health Physiotherapy Outpatient Clinic East Wing, Level B1, Day Rehab Unit 451 Coronation Drive Auchenflower QLD 4066

Phone: 07 3232 6190

www.wesley.com.au

V5 February 2021





Women's Health Physiotherapy Outpatient Clinic



To book an appointment 3232 6190



Our Service

The Women's Health Physiotherapy Outpatient Clinic is located on the hospital campus and offers a broad range of physiotherapy services for our female population. We provide excellent continuity of care, evidence based therapy and rehabilitation to meet our client's needs.

Our team offers assistance with:

- + Childbearing women pre/post delivery
- + Treatment of mastitis including use of therapeutic ultrasound
- + Pelvic floor muscle rehabilitation
- + Pelvic organ prolapse
- + Persistent pelvic pain
- + Rehabilitation after gynaecological surgery
- + Bladder overactivity
- + Urinary/bowel incontinence and constipation
- + Rehabilitation after breast cancer surgery
- + Lymphoedema management



Consultations

Our physiotherapists have a special interest/ training in women's health. Sessions include:

- + Comprehensive assessment to establish your goals and treatment plan
- + Individually tailored exercise programs
- + Advice and education relevant to your condition and healthy lifestyle advice
- + Guided progression to aid return to exercise, work or activities of daily living
- + Continuity of care and onsite hospital location so patients can see their doctor/specialist on the same day

Call **3232 6190** to make an appointment

No doctor's referral required to visit our clinic

Opening hours

Monday to Friday from 8am to 4pm

We offer competitive prices and Private health insurance rebates may apply.

We appreciate 24 hours notice for any cancellation or change of appointment time.

* Please note we can NOT accept cash. We accept EFTPOS and Credit Cards and have access to HiCAPs.

Our goal is to provide comprehensive assessment, treatment and ongoing care for women during all life stages.